

NAIRN TARTAN TOTS



Nairn Community Centre

Thursdays

4:15 – 5pm

Age 3 - 6

- Build balance, strength and flexibility.
- Learn rhythm, memory and musical fun.
- Boost confidence with every skip and jump.
- Dance, laugh and make new friends.
- Explore Scottish music and highland dance

CONTACT DETAILS

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NAIRN HIGHLAND DANCING



Nairn Community Centre
Thursdays

5.00pm - 6.00pm

Highland Dance class for 6 years plus -
developing skills and technique for competing or
just dancing socially.

- Get fit, flexible, improve balance and stamina.
- learn fun steps and routines that sharpen memory and focus.
- Keep in rhythm with music and beats.
- Feel proud mastering new dances.
- Perform on stage.
- Dance, laugh and make new friends!
- Develop skills that last a lifetime!

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